

Gobble Up Your Thanksgiving Safely



TALKING TURKEY

46M

Turkeys Eaten on Thanksgiving

86 lbs

Biggest Turkey Ever Raised

88%

Americans Who Eat Turkey on Thanksgiving

Turkey Eaten Per Person Per Year

16 lbs Average

TURKEY DAY SAFETY TIPS



THE DANGERS OF THANKSGIVING

HOLIDAY HEART SYNDROME

5%

Increase In Heart-Related Deaths

Overindulging on a massive meal can disrupt regular heart rhythms and prove fatal.

FOOD SAFETY

165° Internal Temperature

Store Leftovers Within **2 HRS**

CHOKING



Call **911**

5 Sharp Blows on the Back

5 Quick Upward Thrusts



BIGGEST "BAR NIGHT" OF THE YEAR
THANKSGIVING EVE

PLEASE DON'T DRINK AND DRIVE!

FREE HOLIDAY CAB RIDE HOME

THANKSGIVING EVE RIDES AVAILABLE 10 P.M. TO 2 A.M.

DOWNLOAD OUR FREE APP "MHM Safe Ride"

ALBANY, SCHENECTADY, TROY & SARATOGA, NY
FULTON, MONTGOMERY, NY
UTICA, NY • PLATTSBURGH, NY
BURLINGTON, VT • SPRINGFIELD, MA
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This Holiday, give thanks for your family and friends by keeping everyone safe, happy and healthy.

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