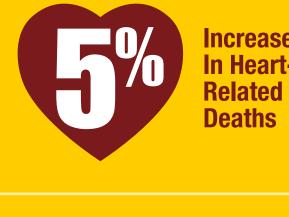


## **TURKEY DAY SAFETY TIPS**



## THE DANGERS OF THANKSGIVING

## HOLIDAY HEART SYNDROME



Overindulging on a massive meal can disrupt regular heart rhythms and prove fatal.

**FOOD SAFETY** 





**CHOKING** 



Call 5







PLEASE DON'T DRINK AND DRIVE! HOLIDAY CAB

## RIDE HOME THANKSGIVING EVE RIDES AVAILABLE 10 P.M. TO 2 A.M. **DOWNLOAD OUR FREE APP "MHM Safe Ride"**

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This Holiday, give thanks for your family and friends

by keeping everyone safe, happy and healthy. MARTIN, HARDING & MAZZOTTI, LLP®

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Prior Results Do Not Guarantee A Similar Outcome