



Thanksgiving

## **TURKEY DAY SAFETY TIPS**

Per Year



## THE DANGERS OF THANKSGIVING

## HOLIDAY HEART SYNDROME



Overindulging on a massive meal can disrupt regular heart rhythms and prove fatal.







## **CHOKING**



Call

Sharp Blows on the Back



This Holiday, give thanks for your family and friends by keeping everyone safe, happy and healthy.

MARTIN, HARDING

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